

EQ Crisis System

Humanitarian Concept Idea Proposal

A human-centered support concept for the first 72 hours before rescue arrives.

EQ – Where No One Stands Alone

Project Overview (One-Page Concept)

Disaster / Crisis



Human Gap (0–72 hours before organized rescue arrives)



EQ Crisis System

Backpack + Protective Poncho



Self-Help • Protection • Orientation • Psychological Stability



Professional Rescue

Concept Note

This proposal presents an early concept idea exploring how a human-centered crisis support system could help people during the first critical hours of a disaster.

The concept focuses on the period when individuals may temporarily need to rely on themselves and each other before professional rescue teams arrive.

This proposal does not represent a finished product and is not a request for funding.

It is simply an idea shared in the hope that it might contribute to reflection or inspiration in the fields of civil protection, humanitarian response, and crisis preparedness.

During natural disasters and extreme events there is often a time gap between the moment a crisis occurs and the moment organized help can reach people.

This period — sometimes hours, sometimes days — can be extremely difficult for individuals, families, and vulnerable groups.

The EIQ Crisis System explores the idea of a simple, human-centered support pack designed to help people during this critical interval.

Each pack may include tools for protection, orientation, and basic self-help during the first 24–72 hours.

Equally important, the concept emphasizes emotional stability, clarity, and the sense that people are not forgotten during crisis situations.

Why This System Matters

During disasters and extreme events there is often a critical period before organized rescue teams are able to reach affected communities.

Even in countries with strong emergency systems, infrastructure may be damaged, access may be limited, and communication may be disrupted.

During this time people often rely on themselves and on the support of those around them.

This early phase of a crisis can be confusing and frightening.

People may lack basic protection, clear orientation, and simple tools that help them stabilize their situation while waiting for professional assistance.

The EIQ Crisis System explores the idea that **human-centered support during these early hours can make a meaningful difference.**

The concept focuses not only on physical protection and practical tools, but also on human stability — helping people remain calmer, more organized, and better able to support one another until rescue arrives.

Because even during the most difficult situations, people should feel that they are not forgotten.

System Structure

Backpack Principles

The backpack acts as the central carrying and organization unit.

Design principles may include:

- dual carry system (front or back)
- quick side access

- integrated flotation support
- anchoring loops with safety release
- compact and stable design

Protective Poncho

The poncho acts as a protective outer shell designed to shield the user from environmental exposure.

Possible features:

- fire-resistant outer layer
- cold protection
- reflective heat protection
- waterproof protection
- rapid deployment

Inflatable Hood System

The poncho concept may include an inflatable protective hood designed to create an air buffer around the head.

Possible features:

- impact protection
- thermal insulation
- adjustable fit
- manual inflation valve allowing quick inflation and deflation

Orientation and Emergency Signaling

Simple orientation and signaling tools may be integrated into the system.

Examples:

- whistle
- compass
- reflective markings
- signal colors
- optional emergency locator or SOS tracker activated by the user when needed

Basic Survival Equipment

The pack may contain essential items designed to support the first 24–72 hours after a crisis.

Possible elements:

- emergency food (biscuits or energy bars) chocolate or other quick energy sources
- water purification
- first-aid kit
- thermal blanket
- rope
- emergency light

Basic Survival Support

The concept may include a small set of essential items intended to support people during the first critical hours of a crisis.

Possible elements may include:

- drinking water or water purification tablets
- hydration or electrolyte tablets and pain killers tablets.
- compact emergency food (for example biscuits or high-energy snacks)
- small chocolate or sugar-based energy sources
- basic first-aid supplies
- thermal blanket
- emergency light
- compass
- reflective markings

The intention is not to provide a full supply system, but to offer **a small amount of immediate support** that may help stabilize people until professional assistance arrives.

Human Stabilization (EIQ Dimension)

A core idea of the EIQ concept is to include simple human-support elements that help people remain calm and organized during crisis situations.

Possible elements:

- simple instructions for crisis situations
- breathing or regulation guides
- psychological reassurance
- reminders of human dignity and calm

Humanitarian Deployment Possibility

In addition to individual preparedness use, the concept also explores the possibility of humanitarian deployment.

In certain crisis situations — such as floods, isolated disaster zones, extreme weather events, or areas difficult to access — crisis packs could potentially be distributed through humanitarian drop systems using aircraft or helicopters.

In this scenario, backpacks could be packed inside protective drop containers equipped with parachutes.

Once the container lands, individuals on the ground would be able to retrieve their own personal support pack.

This approach may allow faster distribution of basic support during the early hours of a crisis, especially in locations where immediate ground access is limited.

Concept Status

This document represents an early concept idea intended to invite reflection.

It does not represent a finished system and is not a request for funding.

The idea is shared with humility in the hope that it may contribute — even modestly — to ongoing efforts supporting people during times of crisis.

If the concept resonates with your work or perspective, I would be honored if the idea could be of any use.

Should further clarification or development of the concept be helpful, I would gladly contribute if that could be of value

Closing Note

If this concept resonates with your work or perspective, I would be honored if the idea could be of any use.

Should you feel that further clarification or development of the concept could be helpful, I would of course be glad to contribute if that would be of value.

This proposal is shared with humility and with the simple hope that ideas centered on human dignity and support may contribute, even in small ways, to improving how people are supported during crisis situations. **EIQ – Where No One Stands Alone**